



## **WHAT IS REAL MATURITY?**

Some may think that having sex proves they are mature. That could not be farther from the truth. It takes real maturity to say no to something that can cause you emotional and physical harm and to stand up for the truth.

You can demonstrate real maturity by: Standing up for what you believe in regardless of what your “friends” will say. This is very important in a culture that encourages you to do what feels right, regardless of long term consequences. Youth today are continually bombarded with the message that it is healthy for you to experiment with sex, and even to experiment with your sexual preferences – “if you don’t try it, you won’t know” – well, that message is wrong (emotionally, physically and spiritually) and harmful. Be mature, stand up for what you know is right – be politically incorrect.

Defending your rights and the rights of others to express their beliefs and act in accordance with those rights. There are those in today’s culture that are trying to silence those who believe that sex should be saved until marriage between a husband and a wife. They say they want tolerance and diversity, but what they really want is to silence anyone who believes in traditional values and traditional family. You have the right to speak and be heard. Be mature and speak out for what you know is right and true.

Learning to know that there is a right way to live and a wrong way, and living your life in accordance with what you know is right.